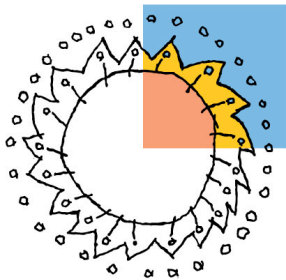


I ran for Dan.



11th 2009
Dan Cardillo Memorial
ANNUAL 5K WALK/RUN

11th ANNUAL DAN CARDILLO MEMORIAL 5K Sunday, September 13, 2009 9:00 AM

Certified Course

Free Kids' Fun Run at 8:30 on the Track

Course Records: **Ethan Hemphill 15:07 (2007) Sheri Piers 17:33 (2006)**
\$100 prize for new course record!

SPONSORS:

A Running Conversation / Atlantic Sportswear / Bath Savings Institution / Daniel T. Haley Insurance Agency / Homestead Mortgage Loans, Inc. / Law Offices of Joe Bornstein / National Distributors / Peak Performance Multisport / R.J. Grondin & Sons, Inc. / talltypeproductions / The Shipyard Brewery / The Greenshoe Group

Race Timing:

Maine Track Club

Race Co-Directors:

Jeanne Hackett (207) 939-0830, jhackett@arunningconversation.com
Marsha Greenberg (207) 766-2602

Cost:

\$15.00 Pre-registration received by **September 11** (Tee-shirt for 1st 150 registrants)

Purpose:

Dan Cardillo was a future Olympian and spirited youth who was loved by many. He died tragically in a skiing accident while training for the Junior Olympics. He loved life and always tried his best no matter what he did. In the spirit of Dan, come say, "I Ran for Dan." All proceeds go to the Dan Cardillo Charitable Fund at the Maine Community Foundation and provide scholarships for spirited and ambitious young people.

Race Day Registration:

\$20.00 7:00 – 8:30 a.m. **SAVE time and register online early!!!**
Falmouth High School, 52 Woodville Road, Falmouth



Running Awards 1st, 2nd, 3rd

Open Overall Masters Division Team
Age Groups 14-Under, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+

Course:

Starts in front of Falmouth Middle School. Woodville Road to Woods Road through The Woodlands and finishes on the track at Falmouth High School.

11th Dan Cardillo Memorial 5K Run/Walk

Name _____ Last Name _____ DOB _____ Age _____ Sex _____

Address _____ City _____ St _____ Zip _____ Tel _____

Team Name _____ (Members must pre-register individually) T-Shirt S M L XL

Pre-Registration: [\\$15.00 by September 11, 2009](#) [\\$20.00 Race Day](#)

Mail Form to:

Jeanne Hackett, 20 Sylvan Rd., Scarborough, ME 04074

Race Packet Pick-up

Optional, pre-registration and number pick-up Saturday September 12 from 3:00-5:00 p.m. at Peak Performance Multisport, 317 Marginal Way in Portland.

I understand that running a road race is a potentially hazardous activity. I further understand that I should not enter the road race unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the event. I assume all risks associated with running this event including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat or humidity, traffic and conditions of the road, all such risks being understood and appreciated by me. Having read this waiver and understanding these facts, and in consideration of your accepting my entry, I for myself and anyone entitled to act on my behalf waive and release The Maine Track Club, The Maine Community Foundation, Town of Falmouth and all sponsors, their representatives and successors from any claims or liabilities or causes of action of any kind arising out of my participation in this event.

Signature _____ Date _____ E-mail: _____

Parent's Signature if under 18 _____ **Checks payable to: Dan Cardillo Charitable Fund**